

Spiritual Health Assessment Grace Point Church

Salvation

	Doesn't Describe Me	2	Partially Describes Me	3	4	Generally Describes Me	5
I live my life differently because of Jesus Christ..	1	2	3	4	5		
Other people are intrigued by my lifestyle because of the life change.	1	2	3	4	5		
I feel confident that I could share with others how Christ has transformed my life.	1	2	3	4	5		
I understand and can explain what Jesus did on the cross to bring me to salvation.	1	2	3	4	5		
I live daily in the truth that there is nothing I can do apart from faith in Jesus to earn salvation.	1	2	3	4	5		

Salvation Total _____
0-10 Crawl 11-19 Walk 20-25 Run

Prayer

I believe and have seen that God answers prayer.	1	2	3	4	5		
I find it necessary for me to talk with God on a regular basis.	1	2	3	4	5		
Corporate prayer is important.	1	2	3	4	5		
Talking with God is easy.	1	2	3	4	5		
I am confident in what to say when I talk with God.	1	2	3	4	5		

Prayer Total _____

Bible Study

I read the Bible regularly.	1	2	3	4	5		
I trust what I read in the Bible.	1	2	3	4	5		
The Bible routinely shapes my decisions.	1	2	3	4	5		
I seek to understand what the Bible means when I read it.	1	2	3	4	5		
I feel comfortable knowing how to study the Bible.	1	2	3	4	5		

Bible Study Total _____

Relationships

I forgive easily because I have been forgiven.	1	2	3	4	5		
It is easy for me to be myself around others.	1	2	3	4	5		
I have found effective ways to resolve conflict with others.	1	2	3	4	5		
Open and honest communication comes easily for me.	1	2	3	4	5		
I can easily receive advice, encouragement and correction from others.	1	2	3	4	5		

Relationship Total _____

Service

I serve others because of what Jesus has done in my life.	1	2	3	4	5
I understand well how God has gifted me to serve others and the body of Christ.	1	2	3	4	5
I look for ways to help people in practical ways.	1	2	3	4	5
People would say that my life is characterized by serving others more than having my needs met.	1	2	3	4	5
I seek to serve with Christlike motives and intentions.	1	2	3	4	5

Service Total _____

Missional Living/Evangelism

I look for opportunities to join God where He is working.	1	2	3	4	5
My co-workers and friends look to me often for help.	1	2	3	4	5
I regularly share God's story with others.	1	2	3	4	5
Each day I strive to serve God in every area of my life.	1	2	3	4	5
I purposefully look for ways to serve people who are not like me.	1	2	3	4	5

Missional Living Total _____

Stewardship/Giving

I base all spending and giving decisions on the truth that everything I have is God's.	1	2	3	4	5
I would characterize myself as a generous giver.	1	2	3	4	5
All of my financial dealings honor God.	1	2	3	4	5
I give sacrificially as God leads.	1	2	3	4	5
My budget includes consistent giving to my church	1	2	3	4	5

Stewardship Total _____

Worship

I realize that worship is more than services and singing.	1	2	3	4	5
There is nothing in my life that I have kept back from God.	1	2	3	4	5
I invite God into my everyday activities.	1	2	3	4	5
My life reflects that God is my highest priority.	1	2	3	4	5
The desires of my heart are centered on Christ.	1	2	3	4	5

Worship Total _____

Global Perspective

I believe that Jesus came to redeem people from all nations, tribes and tongues.	1	2	3	4	5
I understand the Bible from Creation to Christ as one message to all people	1	2	3	4	5
I recognize and pursue my unique role in the completion of the Great Commission.	1	2	3	4	5
I pursue the habits of a World Christian: going, sending, praying, giving and welcoming.	1	2	3	4	5
I have participated in a Global Adventure.	1	2	3	4	5

Global Perspective Total _____

Salvation

Crawl – Sit down with your pastor or trusted Christian friend to make sure you understand what salvation in Christ alone means.

Walk – Take time to write down your story and share it with a friend

Run – Regularly take opportunities to share God’s message with others

Prayer

Crawl – Give God one minute a day in prayer

Walk – Begin praying with your family or friends

Run – Start a regular prayer group with friends

Bible Study

Crawl – Set aside time to regularly read the Bible. Begin to journal about what is showing you in the Bible

Walk – Participate in a regular bible study with others

Run – Purchase a copy of Rick Warren’s *Bible Study Methods* and start learning new methods to Bible study

Worship

Crawl – In prayer, regularly acknowledge God’s supremacy in all things

Walk – read the Psalms taking note of God’s preeminence

Run – Daily journal reflecting on how God’s presence shaped your priorities or activities

Relationships

Crawl – Reflect on the relationships in your life that are not what they should be

Walk – Ask God to convict you of relationships in your life that need reconciliation, regardless of who might be at fault

Run – Regularly seek reconciliation with people in your life

Service

Crawl – Take the “Uniquely You” inventory (<https://www.uniquelyyou.com/>)

Walk – Find a place to regularly serve at your church

Run – Start a new ministry in or through your church to serve others based on the gifts and abilities God has given you

Missional Living

Crawl – Develop an intentional relationship with someone you believe doesn’t know Christ

Walk – Tell someone how your story has been shaped by God’s story

Run – Join or start an Experiencing God small group

Stewardship/Giving

Crawl – Develop a budget that includes consistent giving to your church (ABC Budget at www.gracepointchurch.net)

Walk – Attend Financial Peace University

Run – Sacrificially invest in Kingdom causes

Global Perspective

Crawl – Use *Operation World* as a devotion and prayer guide

Walk – Take the class Perspectives on the World Christian Movement

Run – Go on a global adventure (*at least every two years*)